

# Menu Calendar Report - May, 2023

Generated on: 4/28/2023 2:21:12 PM by Kaisha Molinar

Site: ALC  
 Meal Type: Lunch  
 Site Group: High School  
 Menu Line: K-12 Lunch Satellite

Mon	Tue	Wed	Thu	Fri
1 May	2 May	3 May	4 May	5 May
CHICKEN NUGGETS WITH ROUND (45.00 g) GRILLED CHEESE SANDWICH (31.00 g) TURKEY PEPPERONI PIZZA (35.05 g) GREEN BEANS (4.00 g) SEASONED POTATO WEDGES (20.02 g) APPLESAUCE CUP (17.00 g) FRESH FANCY RED APPLE (14.06 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KETCHUP (6.00 g) MAYONNAISE (1.00 g) MUSTARD (0.90 g)	STRAWBERRY PB & J UNCRUSTABLE (64.00 g) TEXAS LOCAL POPCORN CHICKEN AND MAC AND CHEESE (44.00 g) PARADISE PUNCH 100% VEGETABLE JUICE (14.00 g) SANDWICH SALAD (3.43 g) SEASONED CURLY FRIES (16.87 g) APPLESAUCE CUP (17.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KETCHUP (6.00 g) MAYONNAISE (1.00 g) MUSTARD (0.90 g)	GENERAL TSO CHICKEN W/RICE AND FORTUNE COOKIES (85.49 g) MOZZARELLA STICK (33.00 g) MARINARA CUP (3.00 g) SEASONED POTATO WEDGES (20.02 g) SONOMA BLEND VEGETABLES (6.00 g) FRESH ORANGE (19.00 g) STRAWBERRY APPLESAUCE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KEN'S RANCH DRESSING (10.00 g) KETCHUP (6.00 g) MAYONNAISE (1.00 g) MUSTARD (0.90 g)	BBQ PULLED PORK SANDWICH (43.11 g) GARLIC CHEESE PIZZA (29.00 g) CHILI LIME CARROT SNACKER (7.00 g) REFRIED BEANS (29.69 g) SEASONED POTATO WEDGES (20.02 g) GRANNY SMITH APPLE (14.06 g) MANGO PEACH 100% FRUIT SLUSH (16.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KETCHUP (6.00 g)	ALL BEEF CHEESEBURGER (54.31 g) ALL BEEF HAMBURGER (53.31 g) CHICKEN CORNDOG (30.00 g) FRESH BROCCOLI CROWNS (2.25 g) SANDWICH SALAD (3.43 g) SEASONED CURLY FRIES (16.87 g) FRESH ORANGE (19.00 g) STRAWBERRY APPLESAUCE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KETCHUP (6.00 g) MAYONNAISE (1.00 g) MUSTARD (0.90 g)
8 May	9 May	10 May	11 May	12 May
ALL BEEF CHEESEBURGER (54.31 g) FIERY CHICKEN WINGS WITH GARLIC BREADSTICK (26.25 g) FOUR CHEESE PIZZA (34.01 g) GREEN BEANS (4.00 g) SANDWICH SALAD (3.43 g) SEASONED POTATO WEDGES (20.02 g) APPLESAUCE CUP (17.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KETCHUP (6.00 g) MAYONNAISE (1.00 g)	CHICKEN NUGGETS WITH ROUND (45.00 g) MOZZARELLA STICK (33.00 g) MARINARA CUP (3.00 g) MASHED POTATOES (13.91 g) PARADISE PUNCH 100% VEGETABLE JUICE (14.00 g) BLUE RASPBERRY APPLESAUCE CUP (17.00 g) GRANNY SMITH APPLE (14.06 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KETCHUP (6.00 g) TURKEY GRAVY (3.00 g)	CRISPY CHICKEN TENDER WITH CORNBREAD (41.00 g) TANGERINE CHICKEN RICE BOWL (86.52 g) SEASONED POTATO WEDGES (20.02 g) SONOMA BLEND VEGETABLES (6.00 g) FRESH ORANGE (19.00 g) STRAWBERRY APPLESAUCE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KETCHUP (6.00 g)	HOT AND SPICY CHICKEN FILLET SANDWICH (44.00 g) PB&J GRAPE UNCRUSTABLE (64.00 g) TURKEY PEPPERONI PIZZA (35.05 g) CHARRO BEAN (40.19 g) CHILI LIME CARROT SNACKER (7.00 g) FRESH ORANGE (19.00 g) MANGO PEACH 100% FRUIT SLUSH (16.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) MAYONNAISE (1.00 g) MUSTARD (0.90 g)	ALL BEEF CHEESEBURGER (54.31 g) ALL BEEF HAMBURGER (53.31 g) CHEESE STUFFED BREADSTICK (34.00 g) FRESH BROCCOLI CROWNS (2.25 g) MARINARA CUP (3.00 g) SANDWICH SALAD (3.43 g) SEASONED POTATO WEDGES (20.02 g) BLUE RASPBERRY APPLESAUCE CUP (17.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) MAYONNAISE (1.00 g) MUSTARD (0.90 g)

# Menu Calendar Report - May, 2023

Generated on: 4/28/2023 2:21:12 PM by Kaisha Molinar

Site: ALC  
 Meal Type: Lunch  
 Site Group: High School  
 Menu Line: K-12 Lunch Satellite

Mon		Tue		Wed		Thu		Fri	
	<b>15 May</b>		<b>16 May</b>		<b>17 May</b>		<b>18 May</b>		<b>19 May</b>
CHICKEN NUGGETS WITH ROUND (45.00 g)		STRAWBERRY PB & J UNCRUSTABLE (64.00 g)		GENERAL TSO CHICKEN W/RICE AND FORTUNE COOKIES (85.49 g)		BBQ PULLED PORK SANDWICH (43.11 g)		ALL BEEF CHEESEBURGER (54.31 g)	
GRILLED CHEESE SANDWICH (31.00 g)		TEXAS LOCAL POPCORN CHICKEN AND MAC AND CHEESE (44.00 g)		MOZZARELLA STICK (33.00 g)		GARLIC CHEESE PIZZA (29.00 g)		ALL BEEF HAMBURGER (53.31 g)	
TURKEY PEPPERONI PIZZA (35.05 g)		PARADISE PUNCH 100% VEGETABLE JUICE (14.00 g)		MARINARA CUP (3.00 g)		CHILI LIME CARROT SNACKER (7.00 g)		CHICKEN CORNDOG (30.00 g)	
GREEN BEANS (4.00 g)		SANDWICH SALAD (3.43 g)		SEASONED POTATO WEDGES (20.02 g)		REFRIED BEANS (29.69 g)		FRESH BROCCOLI CROWNS (2.25 g)	
SEASONED POTATO WEDGES (20.02 g)		SEASONED CURLY FRIES (16.87 g)		SONOMA BLEND VEGETABLES (6.00 g)		SEASONED POTATO WEDGES (20.02 g)		SANDWICH SALAD (3.43 g)	
APPLESAUCE CUP (17.00 g)		APPLESAUCE CUP (17.00 g)		FRESH ORANGE (19.00 g)		GRANNY SMITH APPLE (14.06 g)		SEASONED CURLY FRIES (16.87 g)	
FRESH FANCY RED APPLE (14.06 g)		FRESH ORANGE (19.00 g)		STRAWBERRY APPLESauce (14.00 g)		MANGO PEACH 100% FRUIT SLUSH (16.00 g)		FRESH ORANGE (19.00 g)	
TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		STRAWBERRY APPLESauce (14.00 g)	
TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)	
BBQ Sauce (10.00 g)		BBQ Sauce (10.00 g)		KEN'S RANCH DRESSING (10.00 g)		BBQ Sauce (10.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	
KETCHUP (6.00 g)		KETCHUP (6.00 g)		KETCHUP (6.00 g)		KETCHUP (6.00 g)		BBQ Sauce (10.00 g)	
MAYONNAISE (1.00 g)		MAYONNAISE (1.00 g)		MAYONNAISE (1.00 g)				KETCHUP (6.00 g)	
MUSTARD (0.90 g)		MUSTARD (0.90 g)		MUSTARD (0.90 g)				MAYONNAISE (1.00 g)	
								MUSTARD (0.90 g)	
	<b>22 May</b>		<b>23 May</b>		<b>24 May</b>		<b>25 May</b>		<b>26 May</b>
	<b>29 May</b>		<b>30 May</b>		<b>31 May</b>		<b>1 Jun</b>		<b>2 Jun</b>

Carbohydrate values in grams follow the Menu Item name