

Menu Calendar Report - September, 2022

Generated on: 9/1/2022 10:06:32 AM by Kaisha Molinar

Site: ALC
 Meal Type: Lunch
 Site Group: High School
 Menu Line: K-12 Lunch Satellite

Monday		Tuesday		Wednesday		Thursday		Friday	
	29 Aug		30 Aug		31 Aug		1 Sep		2 Sep
POPCORN CHICKEN AND MAC AND CHEESE (44.00 g)		CRISPY CHICKEN DRUMSTICK WITH BISCUIT (33.00 g)		CRISPY CHICKEN TENDER WITH CORNBREAD (41.00 g)		BBQ PULLED PORK SANDWICH (43.11 g)		CHICKEN CORNDOG (30.00 g)	
GRILLED CHEESE SANDWICH (31.00 g)		STRAWBERRY PB & J UNCRUSTABLE (64.00 g)		GENERAL TSO CHICKEN W/RICE AND FORTUNE COOKIES (98.83 g)		POPCORN CHICKEN WITH ROUND (44.00 g)		FIERY CHICKEN TENDER WITH JALAPENO CORNBREAD (45.00 g)	
SEASONED GREEN BEANS (4.69 g)		GOLD RUSH JUICE (10.00 g)		SEASONED POTATO WEDGES (20.02 g)		REFRIED BEANS (29.69 g)		FRESH BROCCOLI CROWNS (2.25 g)	
BABY BAKERS POTATOES (17.00 g)		MASHED POTATOES (13.91 g)		SONOMA BLEND VEGETABLES (6.00 g)		BABY CARROTS (8.00 g)		SEASONED CURLY FRIES (16.87 g)	
STRAWBERRY APPLESAUCE (14.00 g)		GRANNY SMITH APPLE (14.06 g)		STRAWBERRY APPLESAUCE (14.00 g)		FRESH ORANGE (19.00 g)		FRESH FANCY RED APPLE (14.06 g)	
FRESH ORANGE (19.00 g)		PEACH CUP (18.00 g)		FRESH ORANGE (19.00 g)		PEACH CUP (18.00 g)		STRAWBERRY CUP (21.00 g)	
TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)	
TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	
BBQ Sauce (10.00 g)		BBQ Sauce (10.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		BBQ Sauce (10.00 g)		BBQ Sauce (10.00 g)	
KEN'S RANCH DRESSING (10.00 g)		TURKEY GRAVY (3.00 g)		KETCHUP (6.00 g)		KETCHUP (6.00 g)		KEN'S RANCH DRESSING (10.00 g)	
KETCHUP (6.00 g)								KETCHUP (6.00 g)	
								MUSTARD (0.90 g)	
	5 Sep		6 Sep		7 Sep		8 Sep		9 Sep
		FIERY CHICKEN DRUMSTICK WITH BISCUIT (34.00 g)		TANGERINE CHICKEN RICE BOWL (99.85 g)		POPCORN CHICKEN WITH ROUND (44.00 g)		CHEESE STUFFED BREADSTICK (34.00 g)	
		MOZZARELLA STICK (33.00 g)		CRISPY CHICKEN TENDER WITH CORNBREAD (41.00 g)		PB&J GRAPE UNCRUSTABLE (64.00 g)		CHEESEBURGER (30.80 g)	
		GOLD RUSH JUICE (10.00 g)		SEASONED POTATO WEDGES (20.02 g)		CHARRO BEAN (40.19 g)		HAMBURGER (29.80 g)	
		SEASONED CURLY FRIES (16.87 g)		GARDEN SALAD SHAKER (7.62 g)		BABY CARROTS (8.00 g)		FRESH BROCCOLI CROWNS (2.25 g)	
		MARINARA CUP (3.00 g)		SONOMA BLEND VEGETABLES (6.00 g)		FRESH ORANGE (19.00 g)		SANDWICH SALAD (3.43 g)	
		BLUE RASPBERRY APPLESAUCE CUP (17.00 g)		FRESH FANCY RED APPLE (14.06 g)		PEACH CUP (18.00 g)		MARINARA CUP (3.00 g)	
		FRESH ORANGE (19.00 g)		PEAR CUP (19.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		FRESH FANCY RED APPLE (14.06 g)	
		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		STRAWBERRY CUP (21.00 g)	
		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		KEN'S RANCH DRESSING (10.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)	
		BBQ Sauce (10.00 g)		BBQ Sauce (10.00 g)		KETCHUP (6.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	
		KETCHUP (6.00 g)		KETCHUP (6.00 g)				KEN'S RANCH DRESSING (10.00 g)	
								KETCHUP (6.00 g)	
								MAYONNAISE (1.00 g)	
								MUSTARD (0.90 g)	
	12 Sep		13 Sep		14 Sep		15 Sep		16 Sep
POPCORN CHICKEN AND MAC AND CHEESE (44.00 g)		CRISPY CHICKEN DRUMSTICK WITH BISCUIT (33.00 g)		CRISPY CHICKEN TENDER WITH CORNBREAD (41.00 g)		BBQ PULLED PORK SANDWICH (43.11 g)		CHICKEN CORNDOG (30.00 g)	
GRILLED CHEESE SANDWICH (31.00 g)		STRAWBERRY PB & J UNCRUSTABLE (64.00 g)		GENERAL TSO CHICKEN W/RICE AND FORTUNE COOKIES (98.83 g)		POPCORN CHICKEN WITH ROUND (44.00 g)		FIERY CHICKEN TENDER WITH JALAPENO CORNBREAD (45.00 g)	
SEASONED GREEN BEANS (4.69 g)		GOLD RUSH JUICE (10.00 g)				REFRIED BEANS (29.69 g)		FRESH BROCCOLI CROWNS (2.25 g)	

Menu Calendar Report - September, 2022

Generated on: 9/1/2022 10:06:32 AM by Kaisha Molinar

Site: ALC
 Meal Type: Lunch
 Site Group: High School
 Menu Line: K-12 Lunch Satellite

12 Sep	13 Sep	14 Sep	15 Sep	16 Sep
BABY BAKERS POTATOES (17.00 g) STRAWBERRY APPLESAUCE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KEN'S RANCH DRESSING (10.00 g) KETCHUP (6.00 g)	MASHED POTATOES (13.91 g) GRANNY SMITH APPLE (14.06 g) PEACH CUP (18.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) TURKEY GRAVY (3.00 g)	SEASONED POTATO WEDGES (20.02 g) SONOMA BLEND VEGETABLES (6.00 g) STRAWBERRY APPLESAUCE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g)	BABY CARROTS (8.00 g) FRESH ORANGE (19.00 g) PEACH CUP (18.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KETCHUP (6.00 g)	SEASONED CURLY FRIES (16.87 g) FRESH FANCY RED APPLE (14.06 g) STRAWBERRY CUP (21.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KEN'S RANCH DRESSING (10.00 g) KETCHUP (6.00 g) MUSTARD (0.90 g)
19 Sep	20 Sep	21 Sep	22 Sep	23 Sep
CHEESEBURGER (30.80 g) CRISPY CHICKEN TENDER WITH CORNBREAD (41.00 g) HAMBURGER (29.80 g) SEASONED GREEN BEANS (4.69 g) SEASONED POTATO WEDGES (20.02 g) SANDWICH SALAD (3.43 g) FRESH FANCY RED APPLE (14.06 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KETCHUP (6.00 g) MAYONNAISE (1.00 g) MUSTARD (0.90 g)	FIERY CHICKEN DRUMSTICK WITH BISCUIT (34.00 g) MOZZARELLA STICK (33.00 g) GOLD RUSH JUICE (10.00 g) SEASONED CURLY FRIES (16.87 g) MARINARA CUP (3.00 g) BLUE RASPBERRY APPLESAUCE CUP (17.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KETCHUP (6.00 g)	TANGERINE CHICKEN RICE BOWL (99.85 g) CRISPY CHICKEN TENDER WITH CORNBREAD (41.00 g) SEASONED POTATO WEDGES (20.02 g) GARDEN SALAD SHAKER (7.62 g) SONOMA BLEND VEGETABLES (6.00 g) FRESH FANCY RED APPLE (14.06 g) PEAR CUP (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KETCHUP (6.00 g)	POPCORN CHICKEN WITH ROUND (44.00 g) PB&J GRAPE UNCRUSTABLE (64.00 g) CHARRO BEAN (40.19 g) BABY CARROTS (8.00 g) FRESH ORANGE (19.00 g) PEACH CUP (18.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) KEN'S RANCH DRESSING (10.00 g) KETCHUP (6.00 g)	
26 Sep	27 Sep	28 Sep	29 Sep	30 Sep
POPCORN CHICKEN AND MAC AND CHEESE (44.00 g) GRILLED CHEESE SANDWICH (31.00 g) SEASONED GREEN BEANS (4.69 g) BABY BAKERS POTATOES (17.00 g) STRAWBERRY APPLESAUCE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g)	CRISPY CHICKEN DRUMSTICK WITH BISCUIT (33.00 g) STRAWBERRY PB & J UNCRUSTABLE (64.00 g) GOLD RUSH JUICE (10.00 g) MASHED POTATOES (13.91 g) GRANNY SMITH APPLE (14.06 g) PEACH CUP (18.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g)	CRISPY CHICKEN TENDER WITH CORNBREAD (41.00 g) GENERAL TSO CHICKEN W/RICE AND FORTUNE COOKIES (98.83 g) SEASONED POTATO WEDGES (20.02 g) SONOMA BLEND VEGETABLES (6.00 g) STRAWBERRY APPLESAUCE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	BBQ PULLED PORK SANDWICH (43.11 g) POPCORN CHICKEN WITH ROUND (44.00 g) REFRIED BEANS (29.69 g) BABY CARROTS (8.00 g) FRESH ORANGE (19.00 g) PEACH CUP (18.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g) KETCHUP (6.00 g)	CHICKEN CORNDOG (30.00 g) FIERY CHICKEN TENDER WITH JALAPENO CORNBREAD (45.00 g) FRESH BROCCOLI CROWNS (2.25 g) SEASONED CURLY FRIES (16.87 g) FRESH FANCY RED APPLE (14.06 g) STRAWBERRY CUP (21.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) BBQ Sauce (10.00 g)

Menu Calendar Report - September, 2022

Generated on: 9/1/2022 10:06:32 AM by Kaisha Molinar

Site: ALC
Meal Type: Lunch
Site Group: High School
Menu Line: K-12 Lunch Satellite

26 Sep	27 Sep	28 Sep	30 Sep
KEN'S RANCH DRESSING (10.00 g) KETCHUP (6.00 g)	TURKEY GRAVY (3.00 g)	KETCHUP (6.00 g)	KEN'S RANCH DRESSING (10.00 g) KETCHUP (6.00 g) MUSTARD (0.90 g)

Carbohydrate values in grams follow the Menu Item name