

# Menu Calendar Report - September, 2022

Generated on: 9/1/2022 10:15:04 AM by Kaisha Molinar

Site: ALC  
 Meal Type: Breakfast  
 Site Group: High School  
 Menu Line: K-12 Breakfast Satellite

Monday		Tuesday		Wednesday		Thursday		Friday	
<b>29 Aug</b>		<b>30 Aug</b>		<b>31 Aug</b>		<b>1 Sep</b>		<b>2 Sep</b>	
COCOA PUFFS CEREAL (47.00 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		CHOCOLATE CHIP MUFFIN (46.50 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		STRAWBERRY POPTART (73.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		YOGURT AND GRANOLA (26.10 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		CINNAMON TOAST CRUNCH CEREAL (44.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	
<b>5 Sep</b>		<b>6 Sep</b>		<b>7 Sep</b>		<b>8 Sep</b>		<b>9 Sep</b>	
		STRAWBERRY POPTART (73.00 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		LUCKY CHARMS CEREAL (46.00 g) FRESH BANANA (31.00 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) GRAPE JELLY (9.00 g)		CHOCOLATE CHIP MUFFIN (46.50 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		BLUEBERRY MUFFIN (45.50 g) FRESH BANANA (31.00 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	
<b>12 Sep</b>		<b>13 Sep</b>		<b>14 Sep</b>		<b>15 Sep</b>		<b>16 Sep</b>	
COCOA PUFFS CEREAL (47.00 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		YOGURT AND GRANOLA (26.10 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		STRAWBERRY POPTART (73.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		YOGURT AND GRANOLA (26.10 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		CINNAMON TOAST CRUNCH CEREAL (44.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	
<b>19 Sep</b>		<b>20 Sep</b>		<b>21 Sep</b>		<b>22 Sep</b>		<b>23 Sep</b>	
CHOCOLATE CHIP MUFFIN (46.50 g) FRESH FANCY RED APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		YOGURT AND GRANOLA (26.10 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		LUCKY CHARMS CEREAL (46.00 g) FRESH BANANA (31.00 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		STRAWBERRY POPTART (73.00 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)			
<b>26 Sep</b>		<b>27 Sep</b>		<b>28 Sep</b>		<b>29 Sep</b>		<b>30 Sep</b>	
COCOA PUFFS CEREAL (47.00 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		CHOCOLATE CHIP MUFFIN (46.50 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		STRAWBERRY POPTART (73.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		YOGURT AND GRANOLA (26.10 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		CINNAMON TOAST CRUNCH CEREAL (44.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	

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Carbohydrate values in grams follow the Menu Item name