

# Menu Calendar Report - September, 2022

Generated on: 9/1/2022 10:10:44 AM by Kaisha Molinar

Site: Navarro Middle School  
 Meal Type: Breakfast  
 Site Group: Middle School  
 Menu Line: Traditional Breakfast

Monday		Tuesday		Wednesday		Thursday		Friday	
29 Aug		30 Aug		31 Aug		1 Sep		2 Sep	
BREAKFAST TACO (16.00 g) COCOA PUFFS CEREAL (47.00 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) PICANTE (1.00 g)		TURKEY AND CHEESE BISCUIT (29.00 g) CHOCOLATE CHIP MUFFIN (46.50 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) SYRUP (31.00 g)		SAUSAGE KOLACHE WITH CHEESE (CONTAINS PORK) (18.00 g) STRAWBERRY POPTART (73.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		BUTTERMILK BISCUIT WITH EGGS (28.00 g) YOGURT AND GRANOLA (26.10 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) GRAPE JELLY (9.00 g)		CINNAMON TOAST CRUNCH CEREAL (44.00 g) TURKEY SAUSAGE AND CHEESE BREAKFAST PIZZA (27.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	
5 Sep		6 Sep		7 Sep		8 Sep		9 Sep	
		STRAWBERRY POPTART (73.00 g) YOGURT AND GRANOLA (26.10 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		LUCKY CHARMS CEREAL (46.00 g) BUTTERMILK CHICKEN BISCUIT (33.00 g) FRESH BANANA (31.00 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) GRAPE JELLY (9.00 g)		SAUSAGE KOLACHE WITH CHEESE (CONTAINS PORK) (18.00 g) CHOCOLATE CHIP MUFFIN (46.50 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		GLAZED CINNAMON FRENCH TOAST STICKS (41.52 g) BLUEBERRY MUFFIN (45.50 g) FRESH BANANA (31.00 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) SYRUP (31.00 g)	
12 Sep		13 Sep		14 Sep		15 Sep		16 Sep	
COCOA PUFFS CEREAL (47.00 g) TURKEY SAUSAGE AND CHEESE BREAKFAST PIZZA (27.00 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		GLAZED CINNAMON FRENCH TOAST STICKS (41.52 g) CHOCOLATE CHIP MUFFIN (46.50 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) SYRUP (31.00 g)		BUTTERMILK BISCUIT WITH EGGS (28.00 g) LUCKY CHARMS CEREAL (46.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) GRAPE JELLY (9.00 g)		CONFETTI PANCAKE BITES (36.00 g) YOGURT AND GRANOLA (26.10 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) SYRUP (31.00 g)		BREAKFAST TACO (16.00 g) CINNAMON TOAST CRUNCH CEREAL (44.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) PICANTE (1.00 g)	
19 Sep		20 Sep		21 Sep		22 Sep		23 Sep	
BUTTERMILK CHICKEN BISCUIT (33.00 g) CONFETTI PANCAKE BITES (36.00 g) FRESH FANCY RED APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		GLAZED CINNAMON FRENCH TOAST STICKS (41.52 g) YOGURT AND GRANOLA (26.10 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) SYRUP (31.00 g)		LUCKY CHARMS CEREAL (46.00 g) MINI CHOCOLATE FRENCH TOAST (35.00 g) FRESH BANANA (31.00 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TURKEY AND CHEESE BISCUIT (29.00 g) STRAWBERRY POPTART (73.00 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) GRAPE JELLY (9.00 g)			

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19 Sep				22 Sep	
GRAPE JELLY (9.00 g)				SYRUP (31.00 g)	
SYRUP (31.00 g)					
26 Sep	27 Sep	28 Sep	29 Sep	30 Sep	
COCOA PUFFS CEREAL (47.00 g)	TURKEY AND CHEESE BISCUIT (29.00 g)	BREAKFAST TACO (16.00 g)	BUTTERMILK BISCUIT WITH EGGS (28.00 g)	CINNAMON TOAST CRUNCH CEREAL (44.00 g)	
SAUSAGE KOLACHE WITH CHEESE (CONTAINS PORK) (18.00 g)	CHOCOLATE CHIP MUFFIN (46.50 g)	STRAWBERRY POPTART (73.00 g)	YOGURT AND GRANOLA (26.10 g)	TURKEY SAUSAGE AND CHEESE BREAKFAST PIZZA (27.00 g)	
JUICE, APPLE (14.00 g)	GRANNY SMITH APPLE (14.06 g)	FRESH BANANA (31.00 g)	GRANNY SMITH APPLE (14.06 g)	FRESH BANANA (31.00 g)	
FRESH ORANGE (19.00 g)	ORANGE JUICE (13.00 g)	JUICE, APPLE (14.00 g)	ORANGE JUICE (13.00 g)	JUICE, APPLE (14.00 g)	
TEXAS LOCAL 1% WHITE MILK (12.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)	TEXAS LOCAL 1% WHITE MILK (12.00 g)	
TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	
PICANTE (1.00 g)	SYRUP (31.00 g)		GRAPE JELLY (9.00 g)		

Carbohydrate values in grams follow the Menu Item name