

Menu Calendar Report - September, 2022

Generated on: 9/1/2022 10:09:01 AM by Kaisha Molinar

Site: Foster High School
 Meal Type: Breakfast
 Site Group: High School
 Menu Line: 9-12 Breakfast

Monday		Tuesday		Wednesday		Thursday		Friday	
	29 Aug		30 Aug		31 Aug		1 Sep		2 Sep
BREAKFAST TACO (16.00 g)		TURKEY AND CHEESE BISCUIT (29.00 g)		LUCKY CHARMS CEREAL (46.00 g)		BUTTERMILK BISCUIT WITH EGGS (28.00 g)		CINNAMON TOAST CRUNCH CEREAL (44.00 g)	
COCOA PUFFS CEREAL (47.00 g)		CINNAMON TOAST CRUNCH CEREAL (44.00 g)		SAUSAGE KOLACHE WITH CHEESE (CONTAINS PORK) (18.00 g)		COCOA PUFFS CEREAL (47.00 g)		MINI CHOCOLATE FRENCH TOAST (35.00 g)	
TURKEY SAUSAGE AND CHEESE BREAKFAST PIZZA (27.00 g)		WHOLE GRAIN MINI CHOCOLATE RINGS (40.80 g)		BLUEBERRY MUFFIN (45.50 g)		MINI WHOLE GRAIN DONUT RINGS (41.00 g)		TURKEY SAUSAGE AND CHEESE BREAKFAST PIZZA (27.00 g)	
STRAWBERRY POPTART (73.00 g)		CHOCOLATE CHIP MUFFIN (46.50 g)		STRAWBERRY POPTART (73.00 g)		YOGURT AND GRANOLA (26.10 g)		FRESH BANANA (31.00 g)	
JUICE, APPLE (14.00 g)		GRANNY SMITH APPLE (14.06 g)		FRESH BANANA (31.00 g)		GRANNY SMITH APPLE (14.06 g)		JUICE, APPLE (14.00 g)	
FRESH ORANGE (19.00 g)		ORANGE JUICE (13.00 g)		JUICE, APPLE (14.00 g)		ORANGE JUICE (13.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)	
TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	
TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)			
PICANTE (1.00 g)		SYRUP (31.00 g)				GRAPE JELLY (9.00 g)			
	5 Sep		6 Sep		7 Sep		8 Sep		9 Sep
		TURKEY AND CHEESE BISCUIT (29.00 g)		LUCKY CHARMS CEREAL (46.00 g)		COCOA PUFFS CEREAL (47.00 g)		CINNAMON TOAST CRUNCH CEREAL (44.00 g)	
		CINNAMON TOAST CRUNCH CEREAL (44.00 g)		BUTTERMILK CHICKEN BISCUIT (33.00 g)		SAUSAGE KOLACHE WITH CHEESE (CONTAINS PORK) (18.00 g)		GLAZED CINNAMON FRENCH TOAST STICKS (41.52 g)	
		STRAWBERRY POPTART (73.00 g)		MINI WHOLE GRAIN DONUT RINGS (41.00 g)		CHOCOLATE CHIP MUFFIN (46.50 g)		BLUEBERRY MUFFIN (45.50 g)	
		YOGURT AND GRANOLA (26.10 g)		TURKEY SAUSAGE AND CHEESE BREAKFAST PIZZA (27.00 g)		STRAWBERRY POPTART (73.00 g)		FRESH BANANA (31.00 g)	
		JUICE, APPLE (14.00 g)		FRESH BANANA (31.00 g)		JUICE, APPLE (14.00 g)		ORANGE JUICE (13.00 g)	
		FRESH ORANGE (19.00 g)		ORANGE JUICE (13.00 g)		FRESH ORANGE (19.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)	
		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	
		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		SYRUP (31.00 g)	
		SYRUP (31.00 g)		GRAPE JELLY (9.00 g)					
	12 Sep		13 Sep		14 Sep		15 Sep		16 Sep
BREAKFAST TACO (16.00 g)		CINNAMON TOAST CRUNCH CEREAL (44.00 g)		BUTTERMILK BISCUIT WITH EGGS (28.00 g)		COCOA PUFFS CEREAL (47.00 g)		BREAKFAST TACO (16.00 g)	
COCOA PUFFS CEREAL (47.00 g)		GLAZED CINNAMON FRENCH TOAST STICKS (41.52 g)		LUCKY CHARMS CEREAL (46.00 g)		BLUEBERRY MUFFIN (45.50 g)		CINNAMON TOAST CRUNCH CEREAL (44.00 g)	
TURKEY SAUSAGE AND CHEESE BREAKFAST PIZZA (27.00 g)		CHOCOLATE CHIP MUFFIN (46.50 g)		WHOLE GRAIN MINI CHOCOLATE RINGS (40.80 g)		CONFETTI PANCAKE BITES (36.00 g)		STRAWBERRY POPTART (73.00 g)	
STRAWBERRY POPTART (73.00 g)		YOGURT AND GRANOLA (26.10 g)		STRAWBERRY POPTART (73.00 g)		YOGURT AND GRANOLA (26.10 g)		FRESH BANANA (31.00 g)	
JUICE, APPLE (14.00 g)		GRANNY SMITH APPLE (14.06 g)		FRESH BANANA (31.00 g)		GRANNY SMITH APPLE (14.06 g)		JUICE, APPLE (14.00 g)	
FRESH ORANGE (19.00 g)		ORANGE JUICE (13.00 g)		JUICE, APPLE (14.00 g)		ORANGE JUICE (13.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)	
TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL 1% WHITE MILK (12.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	
TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		PICANTE (1.00 g)	
PICANTE (1.00 g)		SYRUP (31.00 g)		GRAPE JELLY (9.00 g)		SYRUP (31.00 g)			

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Monday		Tuesday		Wednesday		Thursday		Friday	
	19 Sep		20 Sep		21 Sep		22 Sep		23 Sep
COCOA PUFFS CEREAL (47.00 g) BUTTERMILK CHICKEN BISCUIT (33.00 g) CHOCOLATE CHIP MUFFIN (46.50 g) CONFETTI PANCAKE BITES (36.00 g) FRESH FANCY RED APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) GRAPE JELLY (9.00 g) SYRUP (31.00 g)		CINNAMON TOAST CRUNCH CEREAL (44.00 g) GLAZED CINNAMON FRENCH TOAST STICKS (41.52 g) BLUEBERRY MUFFIN (45.50 g) YOGURT AND GRANOLA (26.10 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) SYRUP (31.00 g)		LUCKY CHARMS CEREAL (46.00 g) MINI WHOLE GRAIN DONUT RINGS (41.00 g) MINI CHOCOLATE FRENCH TOAST (35.00 g) SAUSAGE KOLACHE WITH CHEESE (CONTAINS PORK) (18.00 g) FRESH BANANA (31.00 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		TURKEY AND CHEESE BISCUIT (29.00 g) COCOA PUFFS CEREAL (47.00 g) CONFETTI PANCAKE BITES (36.00 g) STRAWBERRY POPTART (73.00 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) GRAPE JELLY (9.00 g) SYRUP (31.00 g)			
	26 Sep		27 Sep		28 Sep		29 Sep		30 Sep
COCOA PUFFS CEREAL (47.00 g) SAUSAGE KOLACHE WITH CHEESE (CONTAINS PORK) (18.00 g) TURKEY SAUSAGE AND CHEESE BREAKFAST PIZZA (27.00 g) STRAWBERRY POPTART (73.00 g) JUICE, APPLE (14.00 g) FRESH ORANGE (19.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) PICANTE (1.00 g)		TURKEY AND CHEESE BISCUIT (29.00 g) CINNAMON TOAST CRUNCH CEREAL (44.00 g) WHOLE GRAIN MINI CHOCOLATE RINGS (40.80 g) CHOCOLATE CHIP MUFFIN (46.50 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) SYRUP (31.00 g)		BREAKFAST TACO (16.00 g) LUCKY CHARMS CEREAL (46.00 g) BLUEBERRY MUFFIN (45.50 g) STRAWBERRY POPTART (73.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)		BUTTERMILK BISCUIT WITH EGGS (28.00 g) COCOA PUFFS CEREAL (47.00 g) MINI WHOLE GRAIN DONUT RINGS (41.00 g) YOGURT AND GRANOLA (26.10 g) GRANNY SMITH APPLE (14.06 g) ORANGE JUICE (13.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g) GRAPE JELLY (9.00 g)		CINNAMON TOAST CRUNCH CEREAL (44.00 g) MINI CHOCOLATE FRENCH TOAST (35.00 g) TURKEY SAUSAGE AND CHEESE BREAKFAST PIZZA (27.00 g) FRESH BANANA (31.00 g) JUICE, APPLE (14.00 g) TEXAS LOCAL 1% WHITE MILK (12.00 g) TEXAS LOCAL FAT FREE CHOCOLATE MILK (20.00 g)	

Carbohydrate values in grams follow the Menu Item name