# The Weekly Spark Leaman Jumor Hich Schoor 

## Mike Semmler, Principal

## September 13, 2019

## Important Information

## Trustworthiness "TRUE BLUE"

Being a trustworthy Charger means:

- Being honest
- Don't deceive, cheat or steal
- Be reliable - do what you say you'll do
- Have the courage to do the right thing
- Build a good reputation
- Be loyal - stand by your family, friends, and country


## Teacher \& Staff Shout Outs

Don't forget to send those Teacher/Staff Shout Outs https://bit.ly/2ZICArC

START WITH HELLO WEEK

MONTH
September 20-26

## Athletics

Football Games:
$8^{\text {th }}$ Grade 9/17: Home vs Reading 5:00/6:30pm @ Fulshear HS
$7^{\text {th }}$ Grade 9/16: vs Reading 5:00/6:30pm @ George Ranch HS

Volleyball Games: 9/19
$8^{\text {th }}$ Grade: at Reading 5:00/6:15pm
$7^{\text {th }}$ Grade: at Reading 5:00/6:15pm

## Reminders

September 16
Progress Reports go home
September 19
NJHS Meeting 7:40 am
September 19
Washington DC Meeting 6pm
September 20-26
Start with Hello Week
September 20
Back to School Dance 4-6pm
October 18 Photos (during PE)

$$
\begin{gathered}
\text { New } \\
\text { Information } \\
\text { This Week }
\end{gathered}
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Bailey Warren
Nominated by: Mr. Wooten


## Addison Stull

Nominated by: Katie Reyna and Nicole Smith


## AT EVERY SCHOOL AND IN EVERY COMMUNITY...

there are young people who suffer silently because they feel left out, alone or invisible.


Social Isolation is an Individual's percelved ar real separation from a group of peers. It is a feelling that you don't ift in. that you don't belong, or that you have been left out. The separation may be the result of a rejection from others, or from the person's own withdrawal from others Social isolation can happen in person or online.

Social isolation can become a serious Issue. Young people who experlence social Isolation can become a victim of bullying. violence and/or depression.
As a result, many pull further away from society, struggle with learning and social developrnent and/or may choose to hurt themselves or others.

There is a difierence between social isolation and healthy alone time. Not all alone time is bad. Healthy alone time is when you choose to be clone to clear your mind, take a break from "socializing;" give time to focus on and recharge yourself, and/or work through problems or possibilities without any outside influence. Some people are introverted, and need ; more healthy alone time than others.

## - ABOUT SANOY HOOK PROMISE

Sandy Hook Promise (SHP) is a national, nomproft organization based in Newtown, Connecticut. SHP is led by several family members whose loved ones were killed in the tragic mass shooting at Sandy Hook School on December 14, 2012. SHP's sole purpose is to educate and empower parents, schools and community organizations on how to prevent gun volence BEFORE it happens by providing mental health \& wellness early-Identification and intervention programs, gun safety storage practices and advocating for sensible state and federal violence prevention policy.

## FOR MORE INF ORMATION

About Sandy Hook Promise and our other school and community-based prevention programs and training. please visit: sandyhookpromise.org
Make the Promise and together we can protect children from preventable gun violence.


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Sandy Hook PROMISE
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## START WITH HELLO

Is a prewention program that teaches chlldren and teens how to be more socially inclusive and connected to each other. Start With Hello osks students, educatore, parents and other community keaders who interact with children to tolke steps in class, the lunchroam and/or other times In their day to be incluytue and connected.

## YOU GAN START WITH HELLD IN 3 SIMPLE STEPS:



## WE NEED YOU! HERES HOW YOU CAN HELP.. <br> A <br> ( FOR ALL AGES

- Molve stort Wh Hella port of your family culture. Make an intentiongl enort to greet each other
with heilo and ask queations about each other's doy
- Practice cetive inatening.

Durng sor rides or ot cilmar chailenge each
cher to ueseyo contact and truly ilsten

- Mordel best proctices for your child. say hellg to stringers on the atreet ond mete. comereations at etores or reghaurunts.
* Share yaur story Tel your child a atery alosent of tima that you reached out to someane who way olone and in need What happenerof How did you
- feel miterwirys?
- Be there for your chilo.

Tolk doaut whet your child can do it they ever feed knaly ot ochaol. Remind your chlid thet you cre alwaye there for them ifthey need sumexre to tolk to.

- Talk about good and bad kinde of being aione.

When does beiny alone feel goad? When does being clone feel bod?

Fostering inciusion and cormimunity is an importan Ilfe sklll and with proctice, simple to do every dary. There is no age limit to reaching out to and helping othersi

Your sehool or community organtiation may alreody be taking part In Sandy Hook Promise's Start With Hello actlvitles. If they aren't, why not bring start With Hello to them? All the materials and training are provided at no cost and are extremely easy to implement Also-kids love it We belleve Start With Hello will be both meaningtu and fun for your child But it can also be fun for youl We hope you can use the ldeas in the brief gulde to continue the conversation at home and beyond into your comrmunlty.

## FOR CRADES 2-5

- Act it out!

Pretend ta be on lsoloted studisit of your chllds zohool ard hove your chilld prevtlee remehirig cut and saying hella. Act out different scanarics then swittoh roles ard try it agein

- Crate a poster

Draw er palint a poster with your chilld to remhd yaur family ts "Start with Hallo" and hany it up in your house.
t Learn how to say hello in alffermit ianguages. Challenge yaur child to try a dififerent langugge each thma thay soy hellol

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\begin{array}{ll}
\text { French-Exarlzur } & \text { Spankh - Hola } \\
\text { Itolfon - Ruon Glorno } & \text { German - Guten Tag }
\end{array}
$$

-Make it a gamel
Create of firily wice contest te see who con say hello to tree most pecopla coen doy. Sanp track of acach persecris hello count' ond owlebrote the wimer ot the end of the week

## FOT SHADES 5-12

chare etrategien for starting ernveregtions Crenteyour aun acmembation stateraio or try using the follewing: How ls your doy going? What ad you da over the wegkenat

- Dhacuse cyber bullying Tolk obout whet reispeat ond rocial licilusicici looks ills en soctal media ond ollacuse whint to do if they withees oyber bullyin


## START WITH HELLO WEEK

## MONTH

September 20-26

## TUESDAY

 Sept 24HELLO- L is Life-saver Day! You can be a life saver by showing kindness and helping others. Dress up like your favorite superhero (must be in dress code; no weapons).

FRIDAY Sept 20

HELLO- $\mathbf{H}$ is Hi's and High 5's to everyone you see today!

## MONDAY

Sept 23
HELLO- E is Everyone Wear Green Day! Join students from around America to promote including everyone and reaching out to those who may be isolated.

## THURSDAY

 Sept 26HELLO- O is Oh "Hay" Day! Join us in saying "Hay" to each student in the hallways. Wear your best Country Western look, y'all!

# SKYLERT Text Message Information System 

This year, Lamar CISD would like to utilize text messaging to communicate important information to our community. To opt in to these messages, parents must log in to the Skyward Family Access Center and add a Text Message Number to their Skylert communication options. To access this option, first click on the "Skylert" menu option inside the Family Access Center.

3. Once on the Skylert communication screen, scroll to the bottom of the page and add a Text Message Number to be associated with your students. You should also select the types of communication you would like to receive via text.
 You may also add additional contact options in the "Additional Contact Info" area.
4. Don't forget to Save

> LEAMAN JUNIOR HIGH

# NHS MEETING 

THURSDAY, SEPTEMBER 19TH - 7:40AM


We are looking forward to a great year with this dynamic group of students!

Students will also be able to access the service hours document in case extra copies are needed

Canvas course has been created to help with communication regarding meetings and upcoming events

Order your Embroidered Nike or Under Armor Spirit Wear - handpicked by Mr. Semmler. http://bit.ly/2Lq5HGD (thinner items are not embroidered / shorts, tights, tank tops)


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# DONATE 8LOOD 



# DONATE LITE 



# Charger Spirit Yard Sign <br> Order Form 

| Item/Activity |
| :--- |
| Blank with Activity: $\$ 25$ each |
| Activity: |
|  |
| Item/Activity |
| Name with Activity: $\$ 30$ each |
| Name: |
| Activity: |

## ACTIVITIES AVAILABLE:

CHEER, PEP SQUAD, DANCE, VOLLEYBALL, FOOTBALL, BASKETBALL, TRACK, TENNIS, CROSS COUNTRY, UIL ACADEMICS, BAND, CHOIR, ORCHESTRA, THEATER ARTS, COLOR GUARD, STUDENT COUNCIL NJHS, TSA-TECHNOLOGY \& STUDENT ASSOCIATION

STUDENT NAME: $\qquad$
Advisory Teacher Name: $\qquad$
Parent name: $\qquad$
Parent email: $\qquad$
Parent phone: $\qquad$
**Make checks payable to DUH Activity Fund \#7**
-Turn form and money in to the Leaman JH front office or Coach Megan Tyler in room 1619.

Receipt - Charger Spirit Yard Sign
Date: $\qquad$
Sold to: $\qquad$
Sold by: Leaman Cheerleaders
Quantity: $\qquad$
Names: $\qquad$


Yard signs will be delivered to the student during advisory period.
All orders must be submitted by Wednesday, Sept. 18 ${ }^{\text {th }}, 2019$

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HOUSTON



WC Wharton Count Wharton Count
Junior College
See your high school's College Career Facilitator or Counselors for more details!

## COLLEGE, CAREER \& MILITARY NIGHTS!!!

Monday September 30th, 2019 6:00pm to 8:00pm



Meet representatives from Ivy League schools, in and out of state public/private institutions, junior and community colleges, military academies, scholarship foundations, and much more!

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## Ongoing

## Information/

## Notices



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## Trustworthiness "TRUE BLUE"

## Being a trustworthy Charger means:

- Being honest
- Don't deceive, cheat or steal
- Be reliable - do what you say you'll do
- Have the courage to do the right thing
- Build a good reputation
- Be loyal - stand by your family, friends, and country

Welcome! As we begin the 2019-2020 school year, we call on every CHARGER to display honesty, loyalty, and trustworthiness. Use your words and actions to show people that they can trust you. We have many new faces at Leaman Junior High School, and we want to create a family environment for everyone who enters our doors. Take the time to meet new people in your classes, in the halls, in the cafeteria, and in your groups and organizations. Encourage everyone around you to be trustworthy so we can continue to build a strong Leaman family and stay CHARGED UP!!

## TRUIST

is a fragie thing.
Easy to break, Easy to lose and one of the hardest things to



A Back-to-School Dance Friday Sept 4-6PM
20th WITHDJ DLF 2019

Tickets \$5 in advance $\$ 6$ at the door

Tickets will be sold at all lunches starting Friday, Sept 13th

Bethere!

## 2019 Washington DC/Philadelphia/NYC Trip

Attention parents of $8^{\text {th }}$ graders: Registration is still open for the 2020 Washington DC/Philadelphia/New York City trip.

There will be a parent meeting on September $19^{\text {th }}$ at 6:00 pm (Room 1308).

This meeting is for those who are interested in registering for the trip.
Those who have already registered, do not need to attend
Contact Coach Walters with questions twalters@lcisd.org.


# Charger Spirit Yard Sign <br> Order Form 



| Item/Activity | Quantity | Total |
| :--- | :--- | :--- |
| Blank with Activity: \$25 each |  |  |
| Activity: |  |  |


| Item/Activity | Quantity | Total |
| :--- | :--- | :--- |
| Name with Activity: \$30 each |  |  |
| Name: |  |  |
| Activity: |  |  |

## ACTIVITIES AVAILABLE:

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Yard signs will be delivered to the student during advisory period.


Dear Charger Families,
I would like to extend a warm welcome to you as we kick off our 2019-2020 school year! The Leman Junior High School Parent Teacher Organization (PTO) plays a vital role in our Charger community, advocating for EVERY student that walks through our doors.

## What does the PTO do?

- Continually improve the technology of our school
- Enhance our campus to provide our students with a comfortable environment that is conducive to excelling academically
- Supports our amazing teachers and staff through hospitality efforts throughout the school year
- Awards teacher grants for continuing education which in turn enhances the academic enrichment of our children
- The list goes on and on...


## We need your support to ensure we are successful!

## How can you help?

- Membership - Join the PTO: You can join the PTO online at www.leamanpto.org or return your membership form to the front office. Membership is only $\$ 10$ per family! We invite parents/guardians as well as our teachers and staff to join.
- Write a Check Campaign - Any amount you can donate is so appreciated. Our goal is $\$ 40,000$.
- Volunteer - Help the PTO while staying plugged in to what is happening at DLJH.

We will have our first General PTO Meeting on September 10, 2019 at 5:00 pm. I hope to see you there!

We look forward to an amazing school year with your support and participation in your PTO!
Regards,
Cleo Griffith
DLJH PTO President

## 2019-20 Club '16

Dear Parents and Students of Leaman Junior High,
Club '16 is a parent-run (non-school sponsored) organization, which organizes and holds dances off campus. We encourage attendance to all school dances; however, Club '16 is just another way to supplement with even more activities. We feel parent involvement is essential for the success of Club '16. The dances are planned and chaperoned by parent volunteers. A DJ is hired for the dances, along with food and drinks being provided. There will also be door prizes given away through each evening!

If you choose for your child to join Club '16, you and your child will be agreeing to the guidelines and rules of conduct on the following pages.

This year, the membership fee is $\mathbf{\$ 1 2 0 . 0 0}$ per student. All checks should be made payable to Club '16. This fee is to cover the costs associated with each dance and will be used in its entirety for this year's scheduled dances. The fee must be paid in full. There are no prorated or partial payments accepted. Your payment, membership form and waiver, are due by October 1, 2019. Please return payment, membership form, and waiver to the front office in an envelope labeled Club '16.

Our dates and locations are subject to change, but we do our best to keep the planned schedule. We try to schedule events, so that they do not conflict with school related activities.

| Fall Dance | October 4th |  | $7-9: 30 \mathrm{pm}$ | Halloween Theme | (Swinging Door) |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Winter Dance | January 31st |  | $7-9: 30 \mathrm{pm}$ | Western Theme | (Swinging Door) |
| Spring Formal | April 4th |  | $7-9: 30 \mathrm{pm}$ | Formal | (TBD) |

In order to make Club '16 a success, parent participation is important. Chaperones are needed at each event. In addition, we will hold a planning meeting before each event to ensure the kids have a great time! Please offer to volunteer your time on the registration form.

We want to thank Swinging Door for being so flexible and excited to work with Club '16 on these events!

Thank you,
Terrie Ward
terrieward@sbcglobal.net

Email Terrie Ward for the<br>Full Registration Form<br>terrieward@sbcglobal.net

## Parenting Help for Canvas

## 4 Canvas

Canvas is our district's Learning Management System. Communications and information can be shared through this tool. Follow these 3 easy steps to ensure you are kept up-to-date with your student's education.

Sign in and set your password.
A checklist is below. Need further assistance?
$1{ }^{\text {st }}$ Time Parent Login to Canvas:
$\square$ Make sure you have a valid email in SkywardOpen the Canvas login pageSelect "Forgot Password"
$\square$ Go to your email account
$\square$ Open the email from Canvas and create a new password
$\square \quad$ Login to Canvas with email address and new password

2
Set Notifications/Add Cell Number

- Notification Settings to turn on:

Announcements and Conversations

Need further assistance? Check out these resources: bit.ly/canvaslcisd

3

## Stay Connected

Download the Canvas app for your phone.

## C Download on the App Store

https://goo.gl/uE67H

https://goo.gl/XK1ebi

# Welcome to Leaman! 

## Frequently Asked Questions



## Attendance

Sarah Marino: sarah.strawther@lcisd.org Excuses for absences must be submitted within 10 days of the absence. These can be e-mailed, faxed, or dropped off in the attendance office.

## Behavior Expectations

Students follow the P.R.I.D.E. matrix for expected behaviors. The LCISD student code of conduct can be found in the LCISD Secondary handbook at this link: http://www.lcisd.org/students-parents/general-information

## P.E. Uniforms

All P.E. and Dance students must dress out every day. P.E. uniforms are available for purchase from the coaches for $\$ 25.00$ (shirt and shorts). Lockers are available to store items in the dressing rooms.

## Extracurricular/Clubs

Leaman has a variety of fun organizations. Check out our website for more information at this link:
http://www.lcisd.org/campuses/leamanj h/extracurricular

## Homework

Each teacher's Canvas page will include homework information for their course.

## Uniform/Dress Code

Leaman Junior High follows the dress code policy in the LCISD Secondary
handbook at this link:
http://www.lcisd.org/students-parents/general-information
When a student is out of dress code, he or she will be required to change.

## Birthdays

Gifts, cakes, cupcakes, balloons, treat bags, and flowers are not to be sentto school. Invitations to individual parties are not to be distributed at school, during class time.
Lockers
Lockers are optional. There is a mass check out at the beginning of each year. At any other time, if your student wants a locker, they will contact Jennifer Leslie jleslie@lcisd.org

## Transportation changes

Submit all changes by 3:15 each day. Students cannot ride the bus home with other students due to limited seating.

## Lunchtime

A parent can only provide lunch for his/her child. Students are not allowed to pop popcorn for lunch. Drinks must be in a bottle.

## Communication

A weekly newsletter will be sent out each Friday. This newsletter contains important information about our upcoming events and current programs. You will receive a phone reminder about this e-mail each Friday as well.

## Cell Phones

Students can only use their phones when permitted by a staff member. If a phone is taken, there will be a $\$ 15.00$ fee.

## Textbooks

Consumable workbooks and textbooks will be provided in the classroom.
Textbooks (for home usage) can be checked out from Delana Jones

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\frac{\text { djones@lcisd.org }}{\text { (if available) }}
$$

## Conferences

To set up a conference with a teacher, counselor, or principal, please contact them directly via e-mail or phone.

