

Hello,

My name is Laura Merta RN, BSN. I am the school nurse here at GJHS. I have been a nurse since 1988 and came to LCISD after working as an Operating Room nurse for 14 years. I enjoy working with and taking care of 7th and 8th graders. Please feel free to call me if you have any questions.

Clinic number: 832-223-3615

Fax number: 832-223-3601

Immunization Requirements for Students Entering 7th grade

(The newest requirements are in **bold** print)

ALL 7TH GRADERS MUST SHOW PROOF OF THESE IMMUNIZATIONS BEFORE THE FIRST DAY OF SCHOOL:

- 4 doses of Polio (The 4th doses is not required if the 3rd dose was received on or after the 4th birthday)
- 3 doses of Hepatitis B vaccine
- 2 doses of Measles vaccine on or after the first birthday (separated by at least 1 month)
- 1 dose of Mumps vaccine
- 1 dose of Rubella vaccine
- 3 doses of DTP/DTaP/DT/Td vaccine (with one dose after the fourth birthday)
- **1 dose of Tdap Booster if at least five years have passed since the last dose of a tetanus-containing vaccine**
- **1 dose of Meningococcal vaccine**
- **2 doses of Varicella vaccine on or after the first birthday (separated by at least 1 month) OR provide a statement that your child has had the disease (chickenpox)**

If your child is sick:

Children must be free of fever (less than 100.0 degrees) for 24 hours without the use of fever reducing medications (such as Tylenol or Advil / Motrin) before returning to school. Children must be free of vomiting and / or diarrhea for 24 hours before returning to school and need to be eating and drinking without any problem.

Students that are enrolled here at GJH have access to the Memorial Hermann Health Centers for Schools Terry Health Clinic. The clinic is free and is open during the school year and summer Monday-Friday 7:30-4:00pm, for an appointment call (281) 238-0852.

MEDICATION:

Children are not permitted to carry medication including cough drops. ALL MEDICATION must be administered from the clinic. Over the counter medication for less than 6 weeks must be accompanied by a note from the parent authorizing administration of the medication, reason and dose, time and amount. Parents must deliver the medication to the clinic and bring only the necessary amount for school. ALL medication must be in the original container. All

prescription medication must be in the original pharmacy container with the child's name, medication date and dosing instructions. A second bottle from the pharmacy can be requested from the pharmacy by the parent for the school clinic. Medications such as antibiotics for 3 times a day or every 8 hours are to be given at home, you may follow a before breakfast, after school and before bedtime schedule.

*There are no "stock medications" in the clinic such as Tylenol, Motrin, Tums, etc. Medications can only be sent for the student by the parent or guardian.

Medication Forms: (Descriptions)

- **Medication_information_sheet.pdf** (Medication Guidelines for Lamar Consolidated ISD)
- **Parental_Permit_to_Administer_Medication_at_School_for_6_weeks_or_Less.pdf** (Parental Permission for Medications only needed for less than 6 week, cannot be a controlled substance.)
- **MDordersmedicationadministration.pdf** (Physician Orders for the school year)
- **Anaphyl_Action_Plan.pdf** (Physician Orders for Allergy Action Plan)
- **SELF_ADMIN_ASTHMA_ANAPH_PERMISSION_FORM.pdf** (Physician Orders for student who Self-Administer Asthma or Anaphylaxis Medication)
- **LCISD_Seizure_Action_Plan.pdf** (Physician Orders for Seizure Action Plan)

Diabetic Forms:

- **Symptoms_of_Hypo_and_Hyper_glycemia_(charts).pdf**
- **DIABETES_SELF_MAGMNT_FORM-PARENT[1].pdf**
- **DIABETES_SELF_MAGMNT_FORM-PHYSICIAN[1].pdf**