

2024 Foster SAC CAMP



Summer Strength and Conditioning Camp available to incoming 7th - 12th grade boys and girls of all sports on the Gold Track

Dates

June 3 - July 18, 2024

Monday - Thursday

*No Camp June 19 or July 4

Cost: \$75

Must Register online (access on GoFan or using the QR code)

*No Cash or Checks

Contact info:
Coach Hanks
shanks@lcisd.org
(832) 223 - 3963

Boys Session:

8:00am - 10:00am

Girls Session:

9:00am - 11:00am

Register Here



I hereby authorize the directors of the Foster High School SAC Program to act for me in accordance with their judgement in any emergency requiring medical attention. I further waive and release the camp, staff members and LCISD from liability for damages from injuries or illness. I know of no mental or physical condition which may affect my child's ability to participate in the camp.

"This organization and its activities are not related to or sponsored by LCISD."

Must have a physical on file and rank one forms complete with athletic trainers to participate