

LCISD OFF CAMPUS PHYSICAL EDUCATION PROGRAM

OVERVIEW – CATEGORY 1 (15 Hours)

Purpose of the Off-Campus Physical Education (OCPE) Program:

The Off Campus PE Program allows students in 6th through 12th grades to earn credits that meet the district and state physical education requirements. Students will be expected to show accountability of skill development along with learned physical activity.

Description of the Off-Campus Physical Education Program

The Off Campus PE Program is a partnership between Lamar Consolidated Independent School District and approved off-campus instructors that provide activities such as: Swimming, gymnastics, and other sports that are highly intense under professional supervision. Students will receive a grade of pass or fail. The Physical Education Department will be responsible for supervising the Off Campus PE Program standards to ensure that each student receives a quality, off-campus physical education experience.

Students are permitted to leave campus during the school day to participate in Off Campus PE Category 1. High School students may earn 0.5 credits per semester for a total of 1.5 credits towards their high school graduation physical education requirement. Students may not be enrolled in Off Campus PE and any other general Physical Education class or Physical Education substitution at the same time.

In order for a waiver to be granted, LCISD will follow the guidelines set by the law as stated in Texas Administrative Code (TAC) §74.11(d) (7) (C). The term “appropriate” implies, among other things, **that the substitute activity is in congruence with the Physical Education Texas Essential Knowledge and Skills (TEKS) as closely as possible, if not above and beyond the rigor of the standards.**

Olympic – level participation and/or competition includes a minimum of 15 hours per week of highly intensive, professional, supervised training. The training facility, instructors, and the activities involved in the program must be certified by the superintendent to be of exceptional quality. Students qualifying and participating at this level may be dismissed from school one hour per day. Students dismissed may not miss any class other than physical education.

LCISD OFF CAMPUS PHYSICAL EDUCATION PROGRAM

APPLICATION PROCEDURE FOR CATEGORY 1

1. Students may be scheduled for Physical Education classes based on their physical education requirement needs until Off Campus PE Program approval has been granted.
2. Students may obtain the Off Campus PE Program Application for Category 1 in the counselor's office or on the LCISD website at www.lcisd.org.
3. Students should take the Application to instructor to have the instructor complete the Individual Training Plan and sign the Application.
4. Students must provide the instructor with their counselor contact information.
5. Students must obtain their school counselor's signature on the Off Campus PE Program Application.
6. Counselors will conference with students to discuss graduation requirements and scheduling needs, and will communicate that students will stay enrolled in the appropriate PE class, if necessary, until the LCISD Physical Education Coordinator either approves or denies students' Applications.
7. Parents should keep a copy of this Application for their records.
8. The Off Campus PE Program Application must be **received in the LCISD Physical Education Department by mail, fax or hand delivery on or before the FIRST DAY OF EACH SEMESTER. Deadlines will be strictly enforced.**

*Nicole Nelson, Athletic Director
1000 E. Stadium DR
Rosenberg, TX 77471*

*Ph 832-223-0147
Fax 832-223-0515*

nnelson@lcisd.org

9. After Applications are reviewed, confirmation emails will be sent to students' counselors. Counselors will then notify students and make appropriate schedule changes. Off Campus PE will be displayed on students' schedules and report cards. **Off Campus PE will not appear on students' schedules until approved by the LCISD Physical Education Coordinator.**
10. Parents and students should confirm that Off Campus PE appears on students' schedules at the beginning of each semester and that students have received a grade on their report cards.
11. **Schools may place an "F" on students' report cards if Agencies do not submit students' grades and/or attendance by the appropriate deadlines.** If this should happen, please contact the student's counselor and/or LCISD's Physical Education Coordinator.
12. A new Off Campus PE Program Application must be submitted each school year.

LCISD OFF CAMPUS PHYSICAL EDUCATION PROGRAM

RESPONSIBILITIES

Student/Parent Responsibilities:

1. All documentation from parents, agency/instructors, and counselors must be completed and submitted by the required **deadlines, which are on or before the FIRST DAY OF THE FALL OR SPRING SEMESTER**. It is suggested that parents and students start this process at least 2-3 weeks before the start of the semester to meet all the documentation and scheduling requirements. **Delinquent information will result in denial of the waiver request.**
2. Students may only participate with one instructor at a time. Summer activities will not be counted.
3. Students must participate 15 hours per week, with the approved instructor at the approved Agency from the beginning of each semester and continue through the entire semester (total of 18 weeks) or transfer into a general PE class to receive 0.5 credits for Physical Education.
4. The instructor will give pass/fail grades.
5. As in all classes, students must meet the 90% attendance rule. For the Category 1 Off Campus PE Program, 3 hours of student participation is equivalent to one day of attendance or absence.
6. Students must continue to go to their Instructor and do alternative activities even if he/she is injured. A doctor's note must be given to the instructor with details describing what the student can and cannot do and when full participation is expected.

Instructor Responsibilities:

All instructors will provide grades of pass or fail for each student

1. All instructors must provide the required documentation (students' hours of participation and six weeks grade of pass or fail) to students' counselors **on or before the last day of each reporting period**. LCISD will provide a copy of the school year calendar and the grading report period dates prior to the start of the school year. The calendar and grading deadlines may also be accessed at www.lcisd.org. The instructor must be able to provide evidence of student attendance upon request.
2. The Instructor must notify the LCISD PE Coordinator and the school counselor if students choose to transfer into a general physical education class or do not meet the 90% attendance requirement. For the Off Campus PE Program, 3 hours of participation is equivalent to one day of attendance or absence. Instructors may round down (3 hours missed = 1 day of absence).
3. The instructor must provide LCISD with current instructor contact and certification information as needed. LCISD will make unannounced site visits and will be expecting to see evidence of skill development and learned physical activity by observing students participating in appropriate activities.

**LAMAR CONSOLIDATED INDEPENDENT SCHOOL DISTRICT
OFF-CAMPUS PHYSICAL EDUCATION WAIVER PROGRAM
STUDENT INFORMATION AND DISTRICT APPROVAL FORM**

This form must be completed and signed before approval will be considered to acknowledge the understanding of the OCPE Program criteria and requirements.

For Office Use Only:

Date Rec'd: ___/___/___

Initials: _____

APPLICATION FOR CATEGORY 1

Please Print:

Student Name: _____
Student ID # (if known): _____ Male: Female:
Parent(s) or Guardian(s): _____
Home Telephone: _____ Work: _____ Cell: _____
Email (optional): _____

Secondary School Campus (Grades 6-12): _____ Grade Level: _____
Please choose: Fall Semester Spring Semester Both Semesters
Counselor Name: _____ Counselor's Telephone: _____ Fax: _____
Counselor Email: _____
This information must be provided to the Instructor

Instructor Name: _____
Instructor Email: _____
This information must be provided to the student's counselor

This OFF CAMPUS PE Program Application is for a waiver program that will allow the applying student to receive LCISD course credit for the activities described in the Individual Training Plan in this Application. Student, Parent, and Instructor, by signing this Application, acknowledge their understanding that this Program will substitute for a course that may be **required for graduation**, and that failure to complete any of the Program requirements or submit information in a timely manner **may result in the Student receiving a failing grade**.

Student Signature

Date

Parent/Guardian Signature

Date

Principal Signature or Designee (School Counselor)

Date

Instructor Signature only

Date

*Completed packets must be turned into the Physical Education Office on or before the first day of the fall or spring semester.
There will be no exceptions for late or incomplete applications.*

**LAMAR CONSOLIDATED INDEPENDENT SCHOOL DISTRICT
OFF-CAMPUS PHYSICAL EDUCATION PROGRAM
INDIVIDUAL TRAINING PLAN**

CATEGORY 1

Sport: _____

Address of where student will be participating (include alternative address if appropriate)

Student's Instructor _____

Student's Name: _____

Student's Grade _____

Student's School: _____

Fall Semester

Spring Semester

Both Semesters

The Instructor must fill out the following schedule for the participant to verify at least 15 hours of required activity each week.

Days of the Week	Site Name/Activity/Class Hours	Number of hours of participation
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		
Total Hours of Participation		

Signature of Instructor _____

Date _____

Completed packets must be turned into the Physical Education Office on or before the first day of the fall or spring semester. There will be no exceptions for late or incomplete applications.

**RELEASE OF LIABILITY
AND PERMISSION TO PARTICIPATE
IN THE OFF-CAMPUS PHYSICAL EDUCATION
EQUIVALENT PROGRAM**

CATEGORY 1 (15 Hours)

I hereby give permission for my child to participate in the Off Campus P.E. program. I assume all responsibility for the transportation of my child to and from these activities. I understand that membership is required for the entire time that my child participates in the OFF CAMPUS PE program.

I hereby release the Lamar Consolidated Independent School District, its Board of Trustees, the school's employees, agents, and volunteers in both their official and individual capacities from any and all liability, claims, suits, damages or causes of action whatsoever for any property damage or personal injury sustained by my child that may arise in connection with his or her participation in this activity and his or her transportation described above.

Having read this Release and Permission to Participate form, I agree to the terms and conditions expressed herein.

Signed this _____ **day of** _____, **20**_____.

Printed Name of Parent or Legal Guardian

Home Phone

Signature of Parent or Legal Guardian

Work Phone

Student's Name: _____

Student's Campus: _____

Completed packets must be turned into the Physical Education Office on or before the first day of the fall or spring semester. There will be no exceptions for late or incomplete applications.

Lamar CISD PE Credit Request

Olympic Quality/TEA Category I (15 hrs. per week) or Off Campus PE/TEA Category II (5 hrs. per week)

Category I (15 hrs per week) – Olympic Quality process: (Grades 6 –12)

- Submit the Off Campus PE application packet for **Category I** that is available on the LCISD website
- Submit the Off Campus Physical Education Individual Training Plan with appropriate signatures by the approved instructor
- Submit release of liability and permission to participate form with appropriate signatures
- Instructor will provide the school with a pass/fail grade each six weeks
- Athletic Director/District PE Coordinator will give final approval of each request after the quality of the program and training times are certified

Category II (5 hrs per week) Off Campus PE (Grades 9 – 12)

- Submit the Off Campus PE application packet for **Category II** that is available on the LCISD website
- Submit the Off Campus Physical Education Individual Training Plan with appropriate signatures by the approved agency
- Submit release of liability and permission to participate form with appropriate signatures
- Activity director will provide the school with a pass/fail grade each six weeks
- Athletic Director/District PE Coordinator will give final approval of each request after the quality of the program and training times are certified

Check which you are requesting:

Category I (15 hrs per week) Olympic Quality – No period off

Category I (15 hrs per week) Olympic Quality – 1st or last period off

Category II (5 hrs per week) Off Campus PE – No period off

I understand that _____, ID # _____, Grade _____, School Year _____, will earn credit for participation in an Off-Campus P.E. activity or Olympic quality activity.

Parent Signature

Date

Student Signature

Date

Counselor Signature

Date

Approved By:

Associate Principal/ Designee Signature

Date

Athletic Director/ PE Coordinator Signature

Date