## **Brazos Recovery Support Group**

When: September 29, October 6, October 13, and October 20, 2016

7:00pm-8:30pm

Where: Jackson Elementary School Mamie George Community Center

301 3<sup>rd</sup> Street

Rosenberg, Texas 77471 Richmond, Texas 77471

1111 Collins Road

English and Spanish speaking groups are available at both locations Childcare will be provided

Who Can Attend: All residents affected by the recent flood

A disaster or tragedy can disrupt lives and bring chaos to people who are affected by it. These unexpected events, like the flooding that took place in Fort Bend County earlier this year, can create strong emotions. Initially people go into "survival mode" and all of the focus is putting their life back together. Then, as time passes, some people begin to experience feelings about the incident that can be a little overwhelming.

Sharing your story and being there to support others help people move on.

There is no charge for these group sessions.

You can attend one group or all of them.

Please RSVP to 281-207-2480 or ddelariva@mhafbc.org

(Please let us know the date(s) you plan to attend, which location, and the number of adults attending)

This group is a service of the organizations that make up

