## Lamar Consolidated ISD School Health Advisory Council (SHAC)

Agenda – November 14, 2023

- I. Call to Order
- II. Review minutes October 17, 2023
- III. Old Business
  - a. Guest Speaker Cody Stephens Program
  - b. Wellness Coordinator Update
  - c. Wellness Plan Update
  - d. SHAC Awards Update (SHOULD WE VOTE TO SEE IF THE GROUP WANTS TO PARTICIPATE? OR SHOULD WE SEND SURVEY TO 'REGISTER' AS A PARTICIPANT TO SEE HOW MANY PEOPLE WANT TO DO IT? DON'T WANT TO PUT EFFORT IF LITTLE OR NO INTEREST)
- IV. New Business
  - a. ?
- V. Events & Reminders
  - a. 8th Annual Taste of Fort Bend (benefiting Lunches of Love) Thursday, January 11, 2024 at 7:00pm Purchase Tickets Here
  - b. SHAPE America Physical Activity Calendars Activity Calendars English (shapeamerica.org)
  - c. Next Meeting Tuesday, January 9<sup>th</sup> at 10 am | **NEW LOCATION at LCISD Visitor** Fieldhouse, 1000 E Stadium, Rosenberg, TX (Visitor FH is on opposite side of field)
  - d. Engage on Facebook! LCISD School Health Advisory Council | Facebook
- VI. Adjournment