

# MEMORANDUM

## School Health Advisory Council

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**TO:** Thomas Randle  
Superintendent of Schools

**FROM:** Nikki Nelson  
Athletic Director

Hope Frohbieter  
Chairperson – School Health Advisory Council executive committee

Brenda Thompson  
Vice Chair - School Health Advisory Council executive committee

Laura Saavedra  
Secretary –School Health Advisory Council executive committee

**DATE:** March 2, 2020

**RE:** **SHAC Spring Update**

The School Health Advisory Committee (SHAC) is an advisory group mandated by legal and local policies (*EHAA, EHAC*). In its capacity, the SHAC makes recommendations regarding initiatives related to health education and instruction. The SHAC has met twice since the last update, November 12, 2019 and February 11, 2020.

### **Meeting Review**

In November, the SHAC heard a very informative presentation from the Fort Bend Community Prevention Coalition entitled “Hidden in Plain Sight”. This interactive display and presentation were intended to educate parents and educators on some of the telltale signs that they can look for which could indicate drug use or drug possession in children and teens. The SHAC membership was able to see some of the innovative devices being sold to conceal drug paraphernalia as well as ask questions regarding the items on display.

In February, Kevin Mechenbier of EVERFI Digital Programs gave a presentation on the digital learning platforms and community engagement mechanisms that EVERFI has made available to organizations such as SHACs nationwide.

### **Ongoing Business**

The LCISD SHAC Wellness Awards will continue in 2020 and will be awarded in Fall 2020. We have more schools applying that we did in 2019 and hopefully, that will not only increase our number of award

winner but also shows an increased commitment to student wellness initiatives being taken by our campuses.

Another project the SHAC has been working on is developing a vetting process for programs which are being made available by various community and educational partners. This process will include developing standards and review criteria for use prior to putting the LCISD SHAC stamp of approval on a program before recommending it for use to our teachers, students and families.

The final goal for this year's SHAC, is to develop an updated wellness plan which will work in conjunction with our Board approved wellness policy (*FFA Local*). To date, the policy has been audited and plan is being developed by our sub-committees focused on child nutrition, community relations, professional development, physical education and community wellness. A draft of the plan will be presented at the general meeting in April for approval. It will then be presented to the Board in May.

The final regular SHAC meeting for the 2019 – 2020 school year is slated for April 14, 2020 8:30 a.m. – 10:00 a.m. in the LCISD Board Room.